Using the correct car seat or booster seat can be a lifesaver. Make sure your child is always buckled in an age- and size-appropriate car seat or booster seat.





REAR-FACING CAR SEAT

Birth until age 2-4

Buckle children in a rear-facing car seat until they reach the maximum weight or height limit of their car seat. Keep children rear-facing as long as possible. Never place a rear-facing car seat in front of an active air bag.



FORWARD-FACING CAR SEAT

After outgrowing rearfacing seat and until at least age 5

When children outgrow their rear-facing car seat, they should be buckled in a forward-facing car seat until they reach the maximum weight or height limit of their car seat.



BOOSTER SEAT

After outgrowing forward-facing seat and until seat belts fit properly

Once children outgrow their forward-facing seat, they should be buckled in a booster seat until seat belts fit properly. Proper seat belt fit usually occurs when children are 4 feet 9 inches tall and age 9-12.



SEAT BELT

Once seat belts fit properly without a booster seat

Children no longer need to use a booster seat once seat belts fit them properly. Seat belts fit properly when the lap belt lays across the upper thighs (not the stomach) and the shoulder belt lays across the chest (not the neck).

Keep children ages 12 and under properly buckled in the back seat.

*Recommended age ranges for each seat type vary to account for differences in child growth and height/weight limits of car seats and booster seats. Use the car seat or booster seat owner's manual to check installation and the seat height and weight limits, and proper seat use.

Child safety seat recommendations: American Academy of Pediatrics. Graphic design: adapted from National Highway Traffic Safety Administration.

www.cdc.gov/motorvehiclesafety/cps

